**Central European Journal of Sport Sciences and Medicine**

A quarterly journal, edited by the Faculty of Health and Physical Education, Szczecin, Poland

***Referee :***

***Manuscript:***

**EVALUATION SHEET**

1. *Please, put marks on the scale below reflecting your rating of the features of the article*

|  |  |
| --- | --- |
| **EVALUATION OF PUBLICATION VALUE** **OF THE ARTICLE** | **RATING****Poor Excellent** **1 2 3 4 5**   |
| 1. Compatibility with the scope of the Central European Journal of Sport Sciences and Medicine
 |  |  |  |  |  |
| 1. Elements of novelty and originality
 |  |  |  |  |  |
| 1. Scientific and/or practical value of the article
 |  |  |  |  |  |
| 1. Ethic requirements
 |  |  |  |  |  |
| 1. Abstract depicting of the entire article
 |  |  |  |  |  |
| 1. Material and design of the experiments
 |  |  |  |  |  |
| 1. Methodology and statistics
 |  |  |  |  |  |
| 1. Credibility and importance of results
 |  |  |  |  |  |
| 1. Presentation of data (necessary tables and figures)
 |  |  |  |  |  |
| 1. Discussion and interpretation of results
 |  |  |  |  |  |
| 1. Conclusions logically justified by the evidence adduced
 |  |  |  |  |  |
| 1. Selection of up-to-date references
 |  |  |  |  |  |
| **GENERAL OPINION AND FINAL RATING** |  |  |  |  |  |

1. *Please underline appropriate recommendation.*

**RECOMMENDATION:** Accept

 Accept after minor corrections

 Re-evaluate after major revision

 Reject

1. *Please indicate, on extra sheet, the most positive and/or negative aspects of the article.*

**COMMENTS:**